

CAMBRIDGESHIRE RECOVERY SERVICE

LED BY THOSE IN RECOVERY

FEBRUARY 2025

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Wisbech Community Heroes Nominations

Emma and Bex nominated for
Wisbech Unsung Heroes Award.

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CAMBRIDGESHIRE RECOVERY SERVICE STAFF NOMINATED FOR WISBECH UNSUNG HEROES AWARD.



We are thrilled to announce that two of our dedicated team members, Emma and Bex, have been nominated for the 'Community Hero' Award at the Wisbech Unsung Heroes Awards 2025, hosted by Wisbech Town Council and supported by Fenland Citizen.

This recognition highlights their exceptional contributions to the community of Wisbech and their unwavering commitment to helping others through their recovery journey.

A Commitment to the Community

Emma and Bex have been integral to the success of Cambridgeshire Recovery Service (CRS) and its mission to provide support and care for individuals affected by drug and alcohol dependency. Their passion for creating positive change in the lives of others extends beyond their professional roles, as they have continually gone above and beyond to serve the Wisbech community with compassion and dedication.

Emma and Bex are known for their hands-on approach, offering guidance, support, and a listening ear to those who need it most. Whether they're assisting members of our recovery community in their individual process or supporting community initiatives, their impact on the lives of others is immeasurable.

Recognition for Their Hard Work

The Wisbech Unsung Heroes Awards seek to recognize those who go the extra mile to make a difference in the community, often without seeking recognition for their efforts.

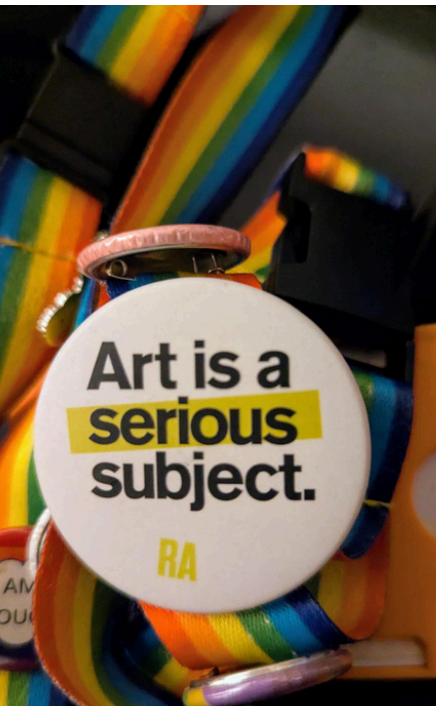
Emma and Bex's nomination is a testament to their tireless work, unwavering support for individuals recovering from substance dependency, and their ongoing efforts to foster a healthier, more connected Wisbech. Their dedication and hard work have not only changed lives within our recovery service but have positively impacted the wider community. We are incredibly proud of them, and this nomination is so well-deserved.

Celebrating their achievements

The awards ceremony took place on 25th January, where a panel of judges announced the winners. Regardless of the outcome, Cambridgeshire Recovery Service couldn't be prouder of Emma and Bex and their dedication to improving the lives of others in the Fenland community.

Their work is an inspiration to all of us, and we are grateful for the chance to celebrate their achievements alongside the Wisbech community.

Please join us in congratulating Emma and Bex on this well-deserved nomination!



HEARTWARMING CHRISTMAS CELEBRATIONS ACROSS OUR RECOVERY CAFES

Wisbech Christmas Celebration

A fantastic group of Cambridgeshire Recovery Service volunteers truly brought the Christmas spirit to life at our Wisbech Recovery Café, hosting a festive celebration like no other.

John and Kayleigh worked together to prepare and serve a delicious Christmas feast, ensuring that over 30 people enjoyed a warm and welcoming meal. Despite the challenge of the Wisbech kitchen being closed for refurbishment over Christmas, the team pulled off an incredible feast using air fryers, plate warmers, and plenty of creative thinking. Jenna and Caroline played a vital role in running the session, making sure everything ran smoothly and everyone felt included in the celebrations. What the team accomplished on December 17th was nothing short of extraordinary. Through their hard work and collaboration, they not only delivered a memorable Christmas meal but also demonstrated the power of community spirit.

To make this event possible, Kayleigh reached out to local businesses for support. We are incredibly grateful to Farmfoods, who generously donated a voucher to help cover the cost of the dinner. Thanks to Kayleigh's initiative, this generous contribution helped bring the volunteers' vision to life.

March Christmas Celebration

Over in March, Caroline hosted an engaging Christmas trivia game and a higher-or-lower challenge, bringing plenty of festive cheer to the café. In addition, she delighted attendees by gifting March Cafe with her special Christmas sensory bags, which included her famous Christmas critters—an adorable touch that added to the holiday magic.



Crafting and Creativity Across Cambridgeshire

Thea from Change Grow Live made a generous donation of craft supplies, allowing us to roll out additional wreath making activities across Wisbech, Huntingdon and Cambridge. This added a creative and hands-on element to our festive celebrations, giving participants a chance to make their own holiday decorations and enjoy the spirit of the season.

Christmas Quizzes

Throughout our cafés, Christmas quizzes were a big hit, bringing people together for laughter and friendly rivalry. Special thanks go to Kayleigh for leading the Wisbech quiz, and our Quiz Master Mark at Huntingdon, who runs his infamous weekly quiz at Free Flow Friday, keeping the spirit of fun alive all year round.

Free Flow Friday Festivities in Huntingdon

In Huntingdon, our Change Grow Live Aspire crew joined us for a lively Free Flow Friday event, filled with arts, creativity, and delicious Christmas sandwiches. The highlight? A fiercely contested quiz where Aspire managed to snatch the Quiz Cup from us! But fear not—we're already planning our comeback. We're calling all quiz enthusiasts to join the Huntingdon Free Flow Friday quiz team and help us bring that trophy back home!



COUNCILLOR JAMES EDWARDS SECURES TWO LAPTOPS FOR WISBECH CRS

We'd like to extend a huge thank you to Councillor James Edwards for his recent contribution of securing two laptops for Wisbech CRS Recovery Cafe that will make a significant difference to our community.



We would like to extend our gratitude to Councillor James Edwards. Understanding the challenges of digital exclusion—an issue we've worked to address through our partnership with Changing Futures— Cllr James Edwards sourced and arranged the donation of these laptops, which will be available for use by café members. His efforts in sourcing two laptops from Blyth Autos, with the kind delivery by Simon Goodchild, will be available for use by members of our recovery community at the Wisbech Recovery Café.

Once set up with the necessary software and internet access, these laptops will provide an invaluable resource for individuals who don't have access to computers. Whether it's learning basic online skills, staying connected with the digital world, filling out important forms, making applications, or simply keeping up with the latest updates on platforms like YouTube, these laptops will offer vital tools to support personal development and a crucial step toward empowerment and independence.

Councillor Edwards' generosity and commitment to supporting recovery and inclusion have not gone unnoticed, and we deeply appreciate his contribution to fostering positive change in our community.

Pictured: Emma and Bex receiving laptops donated by Blyth Autos delivered by Simon Goodchild.



CAMBRIDGE Garden Gate Recovery Cafe

WEDNESDAYS | 12PM-3PM

**COFFEE • BREAKFAST • SOCIAL • GAMES
• CREATIVE INSTINCT (ARTS) • SUPPORT • ACUPUNCTURE**

Located in the group room - access through the blue gate on Mill Road.

CAFE START DATE: 12th FEBRUARY 2025

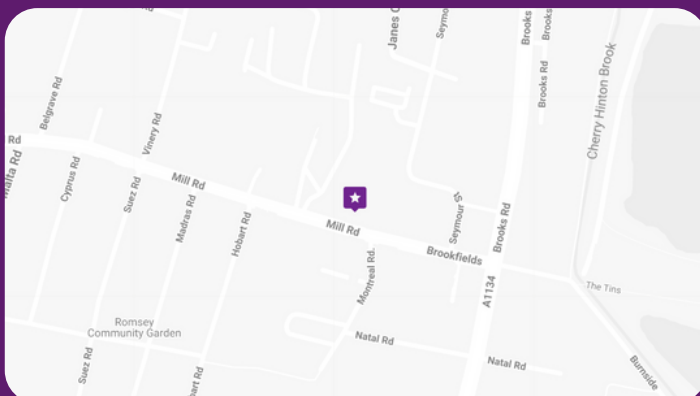
Led by those in *recovery*



Provided by



**Change
Grow
Live**



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