

CREATING CHANGE: A FILM PREMIERE AT WISBECH

One of the highlights of Unlocking Wellbeing Wisbech was the premiere of Creating Change, our short film submission to the Recovery Street Film Festival 2025.

What began in 2024 as a small idea between sessional worker Pete, podcast tech wizard Jamie, and community member Dermot has grown into something truly special. Over the course of the project, voices were gathered from across all three Creative Instinct hubs, a Huntingdon café, multiple filming locations, and no fewer than forty-two people connected to Change Grow Live including clients, community members, and staff.

The film itself is just three minutes long, but every second is full of meaning. As Pete, Jamie, and Dermot explain:

"At its heart is the theme of creativity in recovery. The film has been created by, and for, members of the CRS recovery community. It is constructed around a universal wish to escape a life of dependency and the hope for something better after life in addiction."

That sense of hope carries through in every voice. The producers reflect:

"With one message told through many voices, the film communicates a spirit of hope, as hope is the one tool that we all have in times of crisis. Hope for change and the hope in finding self-belief in the face of the many obstacles we all face in our lives."

While Creating Change wasn't shortlisted for the 2025 RSFF, it stands as a powerful community



achievement. A work of fiction built from lived experience, it has "involved the contribution of at least 40 individuals from the recovery community. This has given a work of fiction a genuine heart, based around the life experience of this project's many contributors."

At its centre, the film captures a simple but powerful conversation: two people talking about their fears and hopes around self and recovery. Each voice adds a new layer of depth, reminding us that while everyone's path may look different, many of us share the same doubts - and the same desire for growth, healing, and change.

A heartfelt thank you to Pete, Jamie, and Dermot for their dedication in writing, directing, and producing Creating Change. Their work is a shining example of what can be achieved when creativity and community come together to tell stories of recovery.



Provided by



**Change
Grow
Live**



BEHIND THE SCENES: FILM MAKING

TAKE A LOOK AT SOME OF THE PRODUCTION WORK THAT
WENT INTO 'CREATING CHANGE'.

